

The BCRPA Certification Process & Cost

(NOTE: All courses can be paid for individually):

Choose your BCRPA Certification Path

Fitness Theory Course

Cost: ~\$399 to \$429+tax

Fitness Theory Course Exam (1 hour via proctoru.com)

Cost: ~\$110 (\$80 no tax to BCRPA | \$30 no tax to proctoru.com)

Registration & Insurance (BCRPA) Cost: ~\$95 (no tax)

Emergency First Aid / CPR Cost: ~\$100

Personal Trainer Certification

Weight Training (required)

Cost: ~\$399+tax

ICE Cost: ~\$169+tax

20 Program Log

Cost: No cost

Personal Training (required)

Cost: ~\$599+tax

ICE Cost: ~\$169+tax

PT Written Exam

(@ KINESIOLOGISTS.CA)
Cost: ~\$65 (\$65 BCRPA)

Complete!

Group Fitness Certification

Weight Training (recommended)

Cost: ~\$399+tax

ICE Cost: ~\$169+tax

Group Fitness (required)

Cost: ~\$399+tax

ICE Cost: ~\$169+tax

Complete!

Older Adult Certification

Weight Training (required)

Cost: ~\$399+tax

ICE Cost: ~\$169+tax

AND/OR

Group Fitness (required)

Cost: ~\$399+tax

ICE Cost: ~\$169+tax

Older Adult (required)

Cost: ~\$429+tax

ICE Cost: ~\$169+tax

OA Written Exam

(30 min - proctoru.com)
Cost: ~\$80 (\$65 BCRPA | \$15 proctoru.com)

Complete!

2018

BCRPA

(British Columbia Recreation & Parks Association)

Approved

Course Schedule

Fitness Theory

Weight Training

Older Adult

Personal Training

Group Fitness

Workshops

KINESIOLOGISTS.CA

NEW LOWER PRICING!

Register Early and **SAVE** on all of our popular courses



KINESIOLOGISTS.CA

Office: **604.372.3233**

Surrey/Cloverdale

103-17665 66A Ave

web: kinesiologists.ca | email: info@kinesiologists.ca

2018 Classroom Schedule

KINESIOLOGISTS.CA

Cloverdale - KINESIOLOGISTS dot CA Studio

Unit 103 - 17665-66A Avenue, Surrey (near corner of 176 Street & 64th Ave)

Fitness Theory Courses* (BCRPA approved) *Pre-reading / study required.

All courses are **Fri/Sat/Sun** (Fri 5:00-9:00pm & Sat/Sun 9am – 6pm)

1. Fitness Theory Course	January	26, 27 & 28
2. Fitness Theory Course	April	20, 21 & 22
3. Fitness Theory Course	June	8, 9 & 10
4. Fitness Theory Course	August	17, 18 & 19
5. Fitness Theory Course	October	12, 13 & 14
6. Fitness Theory Course	November	23, 24 & 25

Weight Training Courses (BCRPA approved)

All courses are **Fri/Sat/Sun** (Fri 5:30-9:00pm & Sat/Sun 9am – 5pm)

1. Weight Training Course	February	23, 24 & 25
2. Weight Training Course	May	4, 5 & 6
3. Weight Training Course	June	22, 23 & 24
4. Weight Training Course	August	24, 25 & 26
5. Weight Training Course	October	19, 20 & 21
6. Weight Training Course	Nov-Dec	30, 1 & 2

Personal Training Courses* (BCRPA approved) *Pre-reading / study required.

All sessions are **Sat/Sun x2** (9am – 6pm)

1. Personal Training Course	March-April	24, 25, 7 & 8
2. Personal Training Course	July	14, 15, 21 & 22
3. Personal Training Course	November	3, 4, 17 & 18

Group Fitness Courses* (BCRPA approved) *Pre-reading / study required

All classes are **Sat/Sun** (Sat/Sun 9am – 5pm)

1. Group Fitness Course	March	10 & 11
2. Group Fitness Course	May	26 & 27
3. Group Fitness Course	September	22 & 23

Older Adult Courses* (BCRPA approved) *Pre-reading / study required

All courses are **Sat/Sun** (Sat/Sun 9am – 6pm)

1. Older Adult Course	July	7 & 8
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**All dates, locations & prices subject to change- check website or call to confirm. Courses may be cancelled with little notice.



Ways to Register

Online: kinesiologists.ca
 Email: info@kinesiologists.ca
 Call: 604.372.3233 (office)



Course Fees:

Fitness Theory (FT)	\$399-\$429* (+tax)
Weight Training (WT)	\$399-\$429* (+tax)
Personal Training (PT)**	\$549-\$599* (+tax)
Group Fitness (GF)	\$399-\$429* (+tax)
Older Adult (OA)***	\$429* (+tax)

* Check online for current pricing—discounts may be available. Add tax to prices.

** ACE Personal Training Manual **not** included in the Personal Training Course.

*** ACE Senior Fitness Manual included in the Older Adult Course.

Evaluation Service Fees for WT | PT | GF | OA:

I.C.E. (Instructor Competency Evaluation) Service:

ICE (previous student)	from \$169 (+tax)
Remote ICE (previous student)	from \$199 (+tax)
2 ICE Combo (purchased in advance local only)	from \$299 (+tax)

Other Fees:

FT Exam (paid to the BCRPA & proctoru.com)	\$110 (no tax)
OA Exam (paid to the BCRPA & proctoru.com)	\$80 (no tax)
PT Exam (paid to the BCRPA)	\$65 (no tax)
BCRPA Registration & Insurance Fee (paid to the BCRPA)	\$95 (no tax)

Aaron R. Tews (Master Instructor/Trainer)

BSc. Kin, CPT, RK-BCAK, FMS, BCRPA TFL, EPIC, FCE



A kinesiologist with 20+ years of experience, Aaron is the winner of the 2016 BCRPA Trainer of Fitness Leaders of the YEAR! He currently owns **KINESIOLOGISTS dot CA** (PT / Active Rehabilitation Studios in Kitsilano, Cloverdale). He is also the author of "A

Professional Guide to Resistance Training – An Instructor's Handbook" and "My Training Journal" To learn more about Aaron, visit KINESIOLOGISTS.CA



Questions? Call 604.372.3233

"The **BEST** instruction at the **BEST** locations"