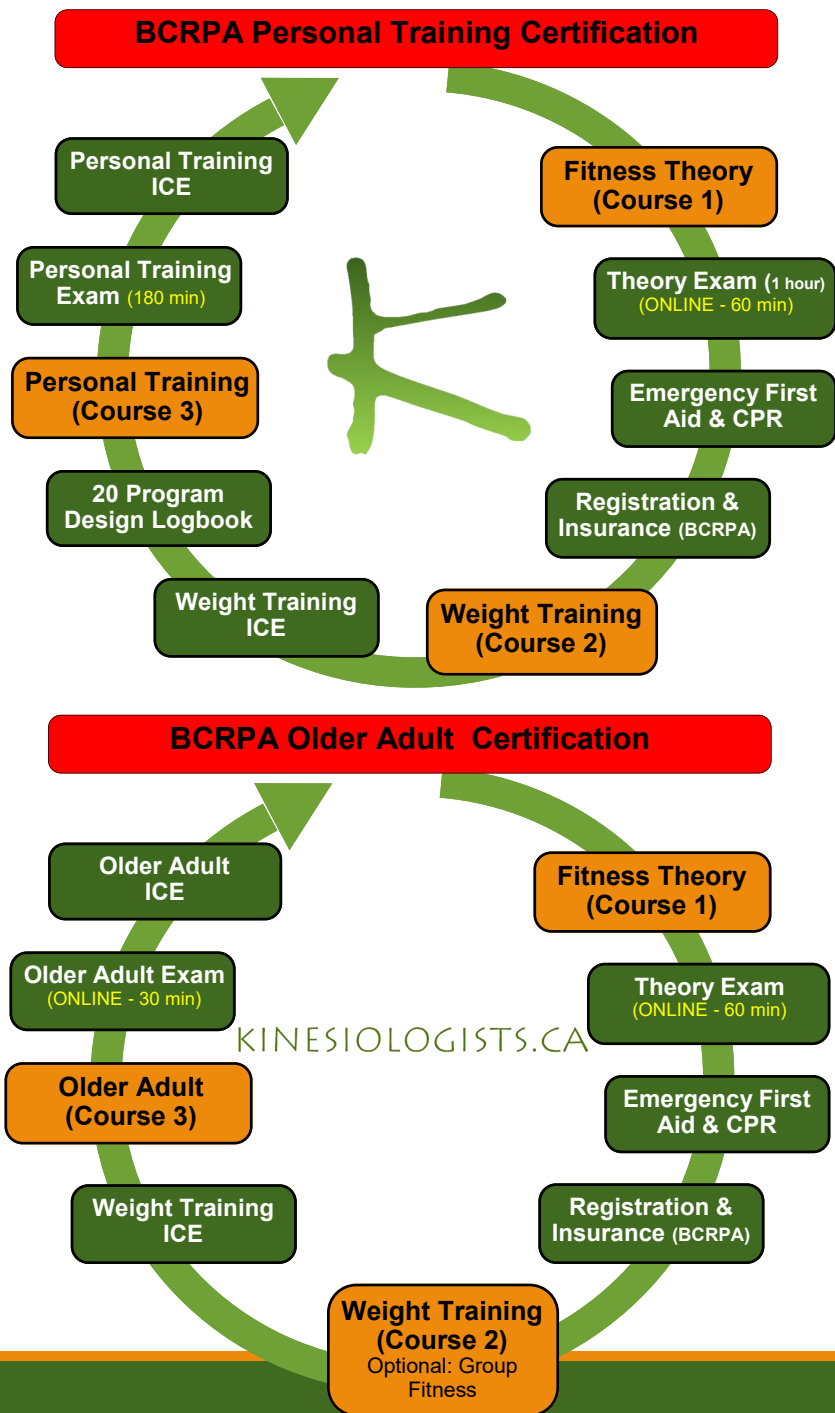


The BCRPA Certification Process & Cost

NOTE: Courses are paid for individually



2019

BCRPA

(British Columbia Recreation & Parks Association)

Approved

Course Schedule

Fitness Theory
Weight Training
Older Adult
Personal Training
Group Fitness
Workshops

KINESIOLOGISTS.CA

604.372.3233

Surrey / Cloverdale / Langley

Unit 103-17665 66A Ave

web: kinesiologists.ca

email: info@kinesiologists.ca

2019 Classroom Schedule

KINESIOLOGISTS.CA

Cloverdale - KINESIOLOGISTS dot CA Studio

Unit 103 - 17665-66A Avenue, Surrey (near corner of 176 Street & 64th Ave)

Fitness Theory Courses* (BCRPA approved) *Pre-reading / study required.

All courses are **Fri/Sat/Sun** (Fri 5:30-9:00pm & Sat/Sun 9am – 6pm)

1. Fitness Theory Course	January	25, 26 & 27
2. Fitness Theory Course	March	15, 16 & 17
3. Fitness Theory Course	June	21, 22 & 23
4. Fitness Theory Course	September	13, 14 & 15
5. Fitness Theory Course	Nov / Dec	29, 30 & 1

Weight Training Courses (BCRPA approved)

All courses are **Fri/Sat/Sun** (Fri 5:30-9:00pm & Sat/Sun 9am – 5pm)

1. Weight Training Course	February	8, 9 & 10
2. Weight Training Course	March	29, 30 & 31
3. Weight Training Course	July	5, 6 & 7
4. Weight Training Course	September	27, 28 & 29

Personal Training Courses* (BCRPA approved) *Pre-reading / study required.

All sessions are **Sat/Sun x2** (9am – 6pm)

1. Personal Training Course	April / May	27, 28, 4 & 5
2. Personal Training Course (Hybrid)	August	10 & 11 (call for details)
3. Personal Training Course	November	2, 3, 16 & 17

Group Fitness Courses (BCRPA approved)

All classes are **Sat/Sun** (Sat/Sun 9am – 5pm)

1. Group Fitness Course	February	23 & 24
2. Group Fitness Course	May	25 & 26
3. Group Fitness Course	October	19 & 20

Older Adult Course* (BCRPA approved) *Pre-reading / study required

All courses are **Sat/Sun** (Sat/Sun 9am – 6pm)

1. Older Adult Course	June	8 & 9
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**All dates, locations & prices subject to change- check website or call to confirm. Courses may be cancelled with little notice.



Ways to Register

Online: kinesiologists.ca
 Email: info@kinesiologists.ca
 Call: 604.372.3233 (office)



Course Fees:

Fitness Theory (FT)*	\$429 (+GST)
Weight Training (WT)	\$429 (+GST)
Personal Training (PT)**	\$599 (+GST)
Group Fitness (GF)	\$429 (+GST)
Older Adult (OA)***	\$399 + ACE Manual (+GST)

* Online manual included in price.

** ACE Personal Training Manual **not** included in the Personal Training Course. (optional).

*** ACE Senior Fitness Manual **not** included in the Older Adult Course.

Evaluation Service Fees for WT | PT | GF | OA:

I.C.E. (Instructor Competency Evaluation) Service:

ICE (previous student)	from \$169 (+GST)
Remote ICE (previous student)	from \$199 (+GST)
2 ICE Combo (purchased in advance local only)	from \$299 (+GST)

Other Fees:

FT Exam (paid to the BCRPA & proctoru.com)	\$110 (+GST)
OA Exam (paid to the BCRPA & proctoru.com)	\$80 (+GST)
PT Exam (paid to the BCRPA)	\$70 (+GST)
BCRPA Registration & Insurance Fee (paid to the BCRPA)	\$95 (+ GST)

Aaron R. Tews (Master Instructor/Trainer)

BSc. Kin, CPT, RK-BCAK, FMS, BCRPA TFL, EPIC, FCE



A kinesiologist with 20+ years of experience, Aaron is the winner of the 2016 BCRPA Trainer of Fitness Leaders of the YEAR! He currently owns

KINESIOLOGISTS dot CA (PT / Active Rehabilitation Studios in Kitsilano, Cloverdale) He is also the author of "A Professional

Guide to Resistance Training – An Instructor's Handbook" and "My Training Journal" To learn more about Aaron, visit KINESIOLOGISTS.CA



Questions? Call 604.372.3233

"The **BEST** instruction at the **BEST** location"