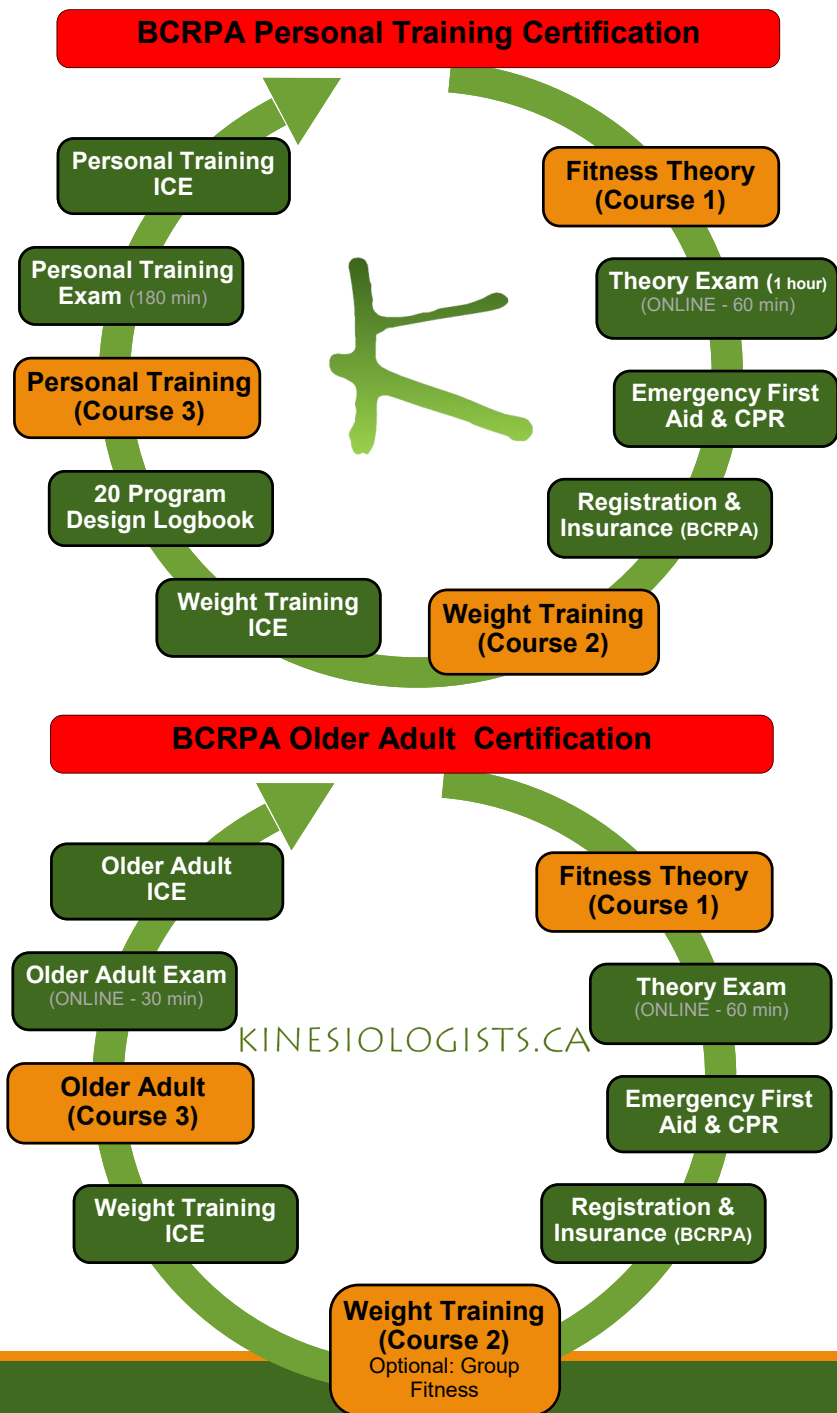


The BCRPA Certification Process & Cost

NOTE: Courses are paid for individually



2021

BCRPA

(British Columbia Recreation & Parks Association)

Approved

Course Schedule

- Fitness Theory
- Weight Training
- Older Adult
- Personal Training
- Group Fitness
- CEC Workshops

Classroom / ZOOM Course Schedule

KINESIOLOGISTS.CA

604.372.3233

Surrey / Cloverdale / Langley

Unit 103-17665 66A Ave

web: kinesiologists.ca

email: info@kinesiologists.ca

2021 Classroom / ZOOM Schedule

KINESIOLOGISTS.CA

Cloverdale - KINESIOLOGISTS dot CA Studio

Unit 103 - 17665-66A Avenue, Surrey (near corner of 176 Street & 64th Ave)

Fitness Theory Courses* (BCRPA approved) **Pre-reading / study required.*

All courses are **Fri/Sat/Sun** (Fri 5:30-9:00pm & Sat/Sun 9am – 6pm)

1. Fitness Theory Course 1	January	22, 23 & 24
2. Fitness Theory Course 2	March	5, 6 & 7
3. Fitness Theory Course 3	May	14, 15 & 16
4. Fitness Theory Course 4	June	25, 26 & 27

****MORE COURSES TO BE ADDED following COVID updates in early 2021**

Weight Training Courses (BCRPA approved) **Pre-reading / study required.*

All courses are **Sat/Sun** from 9am – 6pm.

1. Weight Training Course 1	February	6 & 7
2. Weight Training Course 2	March	27 & 28
3. Weight Training Course 3	May	29 & 30
4. Weight Training Course 4	July	10 & 11

****MORE COURSES TO BE ADDED following COVID updates in early 2021**

Personal Training Courses* (BCRPA approved) **Pre-reading / study required.*

All sessions are **Fri/Sat/Sun** (Fri 5:30-9pm and Sat/Sun 9am – 6pm)

1. Personal Training Course (Hybrid)	April	23, 24 & 25
2. Personal Training Course (Hybrid)	August	13, 14 & 15

****MORE COURSES TO BE ADDED following COVID updates in early 2021**

Group Fitness Courses (BCRPA approved)

All classes are **Sat/Sun** (Sat/Sun 9am – 5pm)

1. Group Fitness Course 1	February	20 & 21
2. Group Fitness Course 2	April	10 & 11
3. Group Fitness Course 3	June	12 & 13
4. Group Fitness Course 4	July	17 & 18

****MORE COURSES TO BE ADDED following COVID updates in early 2021**

Older Adult Course* (BCRPA approved) **Pre-reading / study required*

All courses are **Sat/Sun** (Sat/Sun 9am – 6pm)

1. Older Adult Course 1	April	17 & 18
2. Older Adult Course 2	July	17 & 18

****MORE COURSES TO BE ADDED following COVID updates in early 2021**

****All dates, locations & prices subject to change- check website or call to confirm. Courses may be cancelled with little notice.**



Ways to Register

Online: kinesiologists.ca
 Email: info@kinesiologists.ca
 Call: 604.372.3233 (office)



Course Fees:

Fitness Theory (FT)*	\$449 (+GST)
Weight Training (WT)	\$449 (+GST)
Personal Training (PT)**	\$599 (+GST)
Group Fitness (GF)	\$449 (+GST)
Older Adult (OA)***	\$429 + ACE Manual (+GST)

* Online manual included in price.

** ACE Personal Training Manual **not** included in the Personal Training Course. (optional).

*** ACE Senior Fitness Manual **not** included in the Older Adult Course.

Evaluation Service Fees for WT | PT | GF | OA:

I.C.E. (Instructor Competency Evaluation) Service:

ICE (previous student)	from \$169 (+GST)
Remote ICE (previous student)	from \$199 (+GST)
2 ICE Combo (purchased in advance local only)	from \$299 (+GST)

Other Fees:

FT Exam (paid to the BCRPA & proctoru.com)	\$110 (+GST)
OA Exam (paid to the BCRPA & proctoru.com)	\$80 (+GST)
PT Exam (paid to the BCRPA)	\$70 (+GST)
BCRPA Registration & Insurance Fee (paid to the BCRPA)	\$105 (+ GST)

Aaron R. Tews (Master Instructor/Trainer)

BSc. Kin, CPT, RK-BCAK, FMS, BCRPA TFL, EPIC, FCE



A kinesiologist with 20+ years of experience, Aaron is the winner of the 2016 BCRPA Trainer of Fitness Leaders of the YEAR! He currently owns

KINESIOLOGISTS dot CA (PT / Active Rehabilitation Studios in Kitsilano, Cloverdale) He is also the author of "A Professional

Guide to Resistance Training – An Instructor's Handbook" and "My Training Journal" To learn more about Aaron, visit KINESIOLOGISTS.CA



Questions? Call 604.372.3233

"The **BEST** instruction at the **BEST** location"