

The BCRPA Certification Process & Cost

NOTE: Courses are paid for individually

2023

BCRPA
(British Columbia Recreation & Parks Association)

Approved

Course Schedule

Fitness Theory
Weight Training
Older Adult
Personal Training
Group Fitness
Workshops

KINESIOLOGISTS.CA

BCRPA Personal Training Certification



BCRPA Older Adult Certification



604.372.3233 | 778-574-1190

Surrey / Cloverdale / Langley

Unit 103-17665 66A Ave

web: kinesiologists.ca

email: info@kinesiologists.ca

2023 Classroom Schedule

KINESIOLOGISTS.CA

Cloverdale - KINESIOLOGISTS dot CA Studio

Unit 103 - 17665-66A Avenue, Surrey (near corner of 176 Street & 64th Ave)

Fast Track Fitness Theory Courses (BCRPA approved)

Pre-reading / study required

Classroom course is Fri/Sat/Sun - Sat/Sun 8:30am – 6pm

1. FAST TRACK Fitness Theory Classroom January 21 & 22
2. FAST TRACK Fitness Theory Classroom May 13 & 14

Hybrid* Theory Course (Combo of Correspondence + Classroom)

Fitness Theory Hybrid Anytime

Weight Training Courses (BCRPA approved)

All courses are Sat/Sun - Sat/Sun 8:30am – 5:30pm

1. Weight Training Course February 18 & 19
2. Weight Training Course June 10 & 11

Hybrid* Weight Training Course (Combo of Correspondence + Classroom)

Weight Training Hybrid Anytime

Personal Training Courses (BCRPA approved)

Pre-reading / study required

PT Hybrid courses are Fri/Sat/Sun - Fri 6-8:30pm & Sat/Sun 8:30am – 5:30pm

1. Personal Training Course (Hybrid) March 31, April 1 & 2

Hybrid* PT Course (Combo of Correspondence + Classroom)

Personal Training Hybrid Anytime

Group Fitness Courses (BCRPA approved)

All courses are Sat/Sun (Sat/Sun 9am – 5pm)

1. Group Fitness Course Call for dates - 604-372-3233

Hybrid* Group Fitness Course (Combo of Correspondence + Classroom)

Group Fitness Hybrid Anytime

Older Adult Courses (BCRPA approved)

Pre-reading / study required

Course is Sunday & Monday (Sat/Sun 9am – 5pm)

1. Older Adult Course April 15 & 16

Hybrid* Group Fitness Course (Combo of Correspondence + Classroom)

Group Fitness Hybrid Anytime

**HYBRID - Cannot wait for the classroom course date? My new HYBRID format combines classroom-based course learning with the correspondence course! Call for all the details - 604-372-3233.*

***All dates, locations & prices subject to change- check website or call to confirm. Courses may be cancelled with little notice.*



Ways to Register

Online: kinesiologists.ca
Email: info@kinesiologists.ca
Call: 604.372.3233 (office)



Course Fees:

FAST TRACK Fitness Theory Classroom or Hybrid* ...	\$499 (+GST)
Weight Training (WT) Classroom or Hybrid*	\$499 (+GST)
Personal Training (PT) Classroom or Hybrid**	\$649 (+GST)
Group Fitness (GF) Classroom or Hybrid*	\$499 (+GST)
Older Adult (OA) Classroom or Hybrid***	\$499 (+GST)

** E-version of manual included in price. Hardcopy available for additional cost.*

*** ACE Personal Training Manual **not** included in the price of the Personal Training Course (optional).*

**** ACE Coaching Seniors Manual **not** included in price of the Older Adult Course (required).*

Evaluation Service Fees for WT | PT | GF | OA:

I.C.E. (Instructor Competency Evaluation) Service:

ICE (previous student).....	from \$189 (+GST)
Remote ICE (previous student).....	from \$249 (+GST)
2 ICE Combo (purchased in advance local only).....	from \$359 (+GST)

Other Fees:

FT Exam (paid to the BCRPA & proctoru.com).....	\$110 (+GST)
OA Exam (paid to the BCRPA & proctoru.com).....	\$80 (+GST)
PT Exam (paid to the BCRPA)	\$85 (+GST)
BCRPA Registration & Insurance Fee (paid to the BCRPA).....	\$109 (+ GST)

Aaron R. Tews (Master Instructor/Trainer)

BSc. Kin, CPT, RK-BCAK, FMS, BCRPA TFL, EPIC, FCE



A kinesiologist with 20+ years of experience, Aaron is the winner of the 2016 BCRPA Trainer of Fitness Leaders of the YEAR! He currently owns

KINESIOLOGISTS dot CA (PT / Active Rehabilitation Studios in Kitsilano, Cloverdale) He is also the author of "A Professional

Guide to Resistance Training – An Instructor's Handbook" and "My Training Journal" To learn more about Aaron, visit **KINESIOLOGISTS.CA**



Questions? Call 604.372.3233

"The **BEST** instruction at the **BEST** location"